

arud

**11 November 2021**  
**2–5 pm**

**Online Symposium on Zoom**

# **2nd Arud Symposium**

## **Harm Reduction with E-cigarettes**

**Chair: Regina Esser and Oliver Senn**

# **Harm Reduction with E-cigarettes**

The 2nd Arud symposium on harm reduction with e-cigarettes focuses on the potential harms of nicotine and e-cigarettes as well as on the questions of sensible market regulation of these products.

Both the consequences of tobacco addiction and the initiation of tobacco consumption by young people are highly relevant public health topics.

The currently ongoing discussions show that the concerns of youth protection and the need for a target-open therapy for tobacco addiction are not naturally compatible with each other.

The symposium is intended to contribute to the knowledge of the current scientific evidence for both concerns and, based on this, to discuss possible solutions that do justice to both concerns.

With this in mind, we cordially invite you to participate in our symposium and look forward to an exciting afternoon with lively discussions.

**Heino Stoever, Oliver Senn, Philip Bruggmann**

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 **ISFF**  
Institut für Suchtforschung  
Frankfurt am Main

 **Universität  
Zürich** uzh

**USZ** **Universitäts  
Spital Zürich**

# Program

Topic	Speaker
<b>The perspective of the user and vape instructor</b>	<b>Georges Pisana</b> Basel, Switzerland
<b>Pharmacology and toxicology of nicotine</b>	<b>Bernd Mayer</b> Graz, Austria
<b>Nicotine dependence potential</b>	<b>Tobias R��ther</b> Munich, Germany
Break	
<b>Health harms of e-cigarettes</b>	<b>Thomas Hering</b> Berlin, Germany
<b>Effects of e-cigarette regulation</b>	<b>Abigail Friedman</b> New Haven, USA
<b>Youth protection: the gateway theory</b>	<b>Jean-Fran��ois Etter</b> Geneva, Switzerland

**SGAIM and SGPP:** Full duration of continuing education creditable.

# Registration

You can register online at:

<https://forms.gle/zdw8yXGcEg1x3jbf8>

Please register by **8 November 2021**.

Participation is free of charge.

The event will take place online. All registered participants will receive an e-mail with detailed information for online access a few days before the conference.

## Scientific Committee:

Heino Stoever, Oliver Senn, Philip Bruggmann

## Contact:

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This event is being held as part of the 30th anniversary of Arud, the Centre for Addiction Medicine.

This symposium is funded exclusively by the following organizers:

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**ISFF**  
Institut f  r Suchtforschung  
Frankfurt am Main

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Z  rich**<sup>uzh</sup>

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